

**The Aging Hip
Registration Form**

Name _____

Title: PT PTA OTR COTA ATC

Home Address _____

City _____

State _____ Zip _____

Professional License Number (include State):

Home Phone () _____

Knight Discount Code: K- _____

Please check course location and date:

- Albany, NY August 19-20, 2010
- Myrtle Beach, SC September 25-26, 2010
- Somerville, NJ October 9-10, 2010
- Marlborough, MA October 21-22, 2010
- Portsmouth, NH November 12-13, 2010

- \$325 Special Anniversary Rate
- \$355 Late (within 2 weeks of course date)

- Mail confirmation letter to above address OR
- Fax confirmation letter to:

_____ (please print fax # clearly)

\$_____ check enclosed or charge to

MC Visa Discover Exp. Date ____/____/____

Signature _____

Mail form and check (made payable to
QUEST) to:

Trudy S. Goldstein, PT
25 Mountain Rd.
Burlington MA 01803-4739



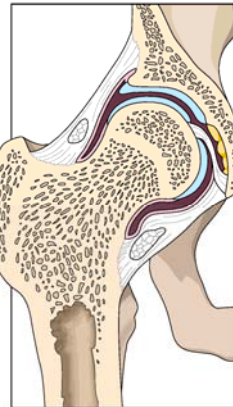
Q U E S T 

Quality Educational
Seminars for Therapists

presents

The Aging Hip and Osteoporosis

**Speaker:
Trudy Sandler Goldstein, PT**



Five locations in 2010:

Albany, NY—August 19-20
Myrtle Beach, SC — Sept. 25-26
Somerville, NJ — Oct. 9-10
Marlborough, MA—Oct. 21-22
Portsmouth, NH — Nov. 12-13



Course Information

This 10 hour seminar discusses the evaluation and rehabilitation of adult and geriatric patients who have dysfunctions of the hip. Emphasis will be placed on the current crisis in the rehabilitation of patients with hip fracture. Practical treatment strategies will be recommended for patients with hip fracture, arthritis, postural & movement dysfunctions, and THA, including the new mini-invasive procedures. An update on osteoporosis is included.

At the conclusion of this course, participants will be able to:

- ◆ Demonstrate how postural alignment and muscle length affect hip motion.
- ◆ Discuss bone metabolism and osteoporosis.
- ◆ Discuss the relationship of total hip precautions to surgical approach.
- ◆ Identify various internal fixations for hip fracture.
- ◆ Discuss rehab implications of new surgical procedures.
- ◆ Design rehab programs to restore function in patients w/ hip fx and other hip disorders.

Course Faculty

Trudy Sandler Goldstein, PT

Ms. Goldstein is the founder and director of QUEST. Nationally, she has presented many orthopaedic lectures to PTs, OTs, Assistants, ATCs, and nurses. She received dual bachelor degrees in Physical Therapy and Biology from the University of Connecticut in 1978. She is a Third Degree Black Belt Instructor in the martial arts and teaches Tai Chi to patients and well-elders in the Boston area. She has authored two best selling texts: *Geriatric Orthopaedics, 2nd ed.* and *Functional Rehabilitation in Orthopaedics*. Ms. Goldstein has over 30 years of clinical and supervisory experience in rehab, home care, and outpatient physical therapy and is a staff PT at the Hebrew Rehab Center in Roslindale, MA.

Course Schedule

Day 1

- 8:00 *Registration and Continental Breakfast*
8:30 **Anatomy & Biomechanics of the Hip**
9:45 *Break*
10:00 **Evaluation of the Hip**
10:30 **Rehabilitation Considerations**
11:15 **Osteoarthritis of the Hip**
12:00 *Lunch*
1:00 **Postural and Movement Dysfunctions**
 - restoring pain-free function (lab)
2:00 *Break*
2:15 **Total Hip Arthroplasty**
 - standard and mini-invasive surgery
 - THPs and rehab
4:00 *Adjourn for day*

Day 2

- 8:00 *Sign-in and Continental Breakfast*
8:30 **Understanding Osteoporosis**
 - Type I and Type II osteoporosis
 - steroid-induced osteoporosis
 - treatment
9:45 *Break*
10:00 **The Crisis of Hip Fracture**
10:15 **Surgical Interventions**
 - internal fixations including mini-invasive
 - prostheses
 - revisions
11:15 *Break*
11:30 **Skilled Interventions for Hip Fracture**
 - treatment progressions
 - new aggressive programs
1:15 *Adjourn*

QUEST Information

www.questseminars.com

E-mail: info@questseminars.com
Telephone: (781) 273-4978
Fax: (781) 272-8476



Course Locations

August 19-20, 2010 • Thursday – Friday
Holiday Inn Express
1442 Western Ave.
Albany, NY 12203
(518) 438-0001

- Room block rate: \$119/night (plus tax)
- Hotel cut off date: July 28th
- Free parking

Sept. 25-26, 2010 • Saturday – Sunday
NHC Health Care—Garden City
9405 Hwy 17 Bypass
Murrells Inlet, SC 29576

- Room block at Holiday Inn Express
- Call 843-357-0100 by September 16th
- Room block rate: \$85/night (plus tax)
- Free parking

Oct. 9-10, 2010 • Saturday – Sunday
Somerset Medical Center
Fuld Auditorium
110 Rehill Ave.
Somerville, NJ 08876

List of area hotels will be sent with confirmation.

Oct. 21-22, 2010 • Thursday – Friday
Courtyard Marriott
75 Felton St.
Marlborough, MA 01752
(508) 480-0015

- Room block rate: \$99/night (plus tax)
- Hotel cut off date: October 6th
- Free parking

Nov. 12-13, 2010 • Friday – Saturday
Courtyard Marriott
1000 Market Street, Building 3
Portsmouth, NH 03801
(877) 389-0172

- Discounted rate: \$119/night (plus tax)
- Hotel cut-off date: September 12th
- Free parking
- 1 mile to downtown

Registration Information

The \$325 registration fee includes breakfast, breaks, and course handouts. A confirmation letter including directions will be sent to you upon receipt of your registration form and payment. Do not buy any airline tickets until you have received your course confirmation from QUEST.

To receive the special \$325 anniversary rate, your registration must be received at QUEST no later than two weeks before the course date. Late registrations will be accepted based on space availability, for an additional \$30 fee. Registrations with credit card (MC, VISA or Discover) payment may be faxed to our dedicated line at (781) 272-8476.

The cancellation deadline is two weeks prior to the course date. A \$65 fee will be deducted from all refunds prior to the deadline. **There will be no refunds after the deadline.**



Educational Credit

This course meets the requirements for 10 hours of continuing education for PTs, OTs, Assistants, and ATCs and is approved by:

- SCAPTA (submitted)
- NJ Board of PT Examiners (submitted)
- CT (submitted)
- National Board for Certification in Occupational Therapy (NBCOT)
- Board of Certification (Provider #P883)
- NY SED Provider



Workshop Attire

Participants should wear comfortable clothing. As it is often difficult to regulate the temperature in seminar rooms, sweatsuits or sweaters are recommended.