

**Wii-hab
Registration Form**

Name _____

Title: PT PTA OTR COTA ATC

Home Address _____

City _____

State _____ Zip _____

Professional License Number (include State):

Home Phone () _____

Knight Discount Code: K- _____

Please check course location:

- Greenville, SC Long Island, NY
 Manchester, NH Baltimore, MD
 Framingham, MA Somerville, NJ

- \$400 Special Discounted 25th Anniversary Rate
 \$430 Late (within 2 weeks of course date)

- Mail confirmation letter to above address OR
 Fax confirmation letter to:

_____ (please print fax # clearly)

\$_____ check enclosed or charge to

MC Visa Discover Exp. Date ____/____

Signature _____

Mail form and check (made payable to
QUEST) to:

Trudy S. Goldstein, PT
25 Mountain Rd.
Burlington MA 01803-4739



Q U E S T

25th Anniversary

**Wii-hab:
Adapting Gaming Technology
for Rehabilitation**

**Speaker:
Jamie P. Goldstein, PT, DPT**



Six locations in 2010:

Greenville, SC — Jan. 23-24
Manchester, NH—April 17-18
Framingham, MA — May 22-23
Long Island, NY — Oct. 16-17
Baltimore, MD—Nov. 6-7
Somerville, NJ—Dec. 4-5



Course Information

This 2-day interactive course will discuss the uses of the Nintendo® Wii in the rehabilitation of patients with various neurological and orthopedic impairments across the lifespan including, but not limited to: total joint arthroplasty, stroke, Parkinson's Disease, generalized balance impairments, and sports injuries. Basic use and clinical set up of the Nintendo® Wii will also be discussed.

At the conclusion of this lab course, participants will be able to:

- ◆ Perform basic set-up of Nintendo® Wii for clinical usage.
- ◆ Demonstrate safe usage of Nintendo® Wii with various patients.
- ◆ Design individualized treatment plans using Nintendo® Wii for patients with various impairments.
- ◆ Document the use of Nintendo® Wii appropriately for reimbursement.

Course Faculty

Jamie P. Goldstein, PT, DPT

Ms. Goldstein received her Clinical Doctorate in Physical Therapy from Boston University in 2007. Nationally, she has presented many lectures on the therapeutic use of the Nintendo Wii® and on musculoskeletal imaging for the therapist. She has designed new rehabilitation programs using gaming technology in the outpatient and nursing home settings for patients with both orthopaedic and neurological problems.

She has worked in a variety of settings in both a clinical and supervisory capacity, where she has been instrumental in getting therapy departments access to their own Wii Rehabilitation Stations and PACS Systems (Picture Archiving and Communication Systems). Currently, she is the Supervisor of the Physical Therapy Department at Elite Rehabilitation in Vero Beach, FL.

Course Schedule

Day 1—Saturday

- 8:00 *Registration and Continental Breakfast*
8:30 **Why therapists should use Nintendo® Wii for Rehabilitation**
9:00 **Basic Set-Up of Wii for Clinical Usage**
10:00 *Break*
10:15 **Safety Considerations**
 - Guarding Techniques
 - Precautions
11:00 **Overview of Available Software**
 - Wii Sports™ and Wii Fit™
12:00 *Lunch*
1:00 **Treatment Considerations for the Following Populations**
 - Ortho Injuries of the UE, LE, Spine
 - Neuro Impairments
 - *Break*
 - Pediatrics and Geriatrics
4:45 *Adjourn for day*

Day 2—Sunday

- 8:00 *Sign-in and Continental Breakfast*
8:30 **Basic Operation of Wii Fit™**
 - Synchronization of Balance Board
 - Patient Profiles
9:15 **Software Review**
 - Yoga, Aerobics, Strength, Balance
10:00 *Break*
10:15 **Stabilization Programs**
 - UE, LE, Core/Trunk
11:45 *Lunch*
12:45 **Balance Programs**
 - Sitting and Standing
2:00 *Break*
2:15 **Strength and Conditioning Programs**
3:15 **Group Therapy using Nintendo® Wii**
3:45 **Documentation and Billing Concerns**
4:15 **Creating Home Programs**
4:30 *Adjourn*

QUEST Information

www.questseminars.com

E-mail: info@questseminars.com

Telephone: (781) 273-4978

Fax: (781) 272-8476



Course Locations

January 23-24, 2010 ● Saturday – Sunday
Bon Secours St. Francis Hospital
The Bernadine Center—St. Francis Dr.
Greenville, SC 29601

List of area hotels will be sent with confirmation.

April 17-18, 2010 ● Saturday – Sunday
The Highlander Inn (at Manchester Airport)
2 Highlander Way
Manchester, NH 03103

- Room block: \$95/night (plus tax)
- Call 800-548-9248 by March 26, 2010

May 22-23, 2010 ● Saturday – Sunday
MetroWest Medical Center
Medical Arts Bldg.—85 Lincoln St.
Framingham, MA 01701

List of area hotels will be sent with confirmation.

October 16-17, 2010 ● Saturday – Sunday
Sunharbor Manor
225 Warner Ave.
Roslyn Heights, NY 11577

List of area hotels will be sent with confirmation.

November 6-7, 2010 ● Saturday – Sunday
St. Agnes Hospital Auditorium
900 S. Caton Ave.
Baltimore, MD 21229

- Room Block at Country Inn & Suites BWI
- Call 443-577-1036 by October 22, 2010
- \$99/night single, \$109/night double (plus tax)

December 4-5, 2010 ● Saturday – Sunday
Somerset Medical Center
Fuld Auditorium—110 Rehill Ave.
Somerville, NJ 08876

List of area hotels will be sent with confirmation.

Registration Information

The \$400 registration fee includes breakfast, breaks, and course handouts. A confirmation letter including directions and hotel information will be sent to you upon receipt of your registration form and payment. Do not buy any airline tickets until you have received your course confirmation from QUEST.

To receive the special \$400 anniversary rate, your registration must be received at QUEST no later than two weeks before the course date. Late registrations will be accepted based on space availability, for an additional \$30 fee. Registrations with credit card (MC, VISA or Discover) payment may be faxed to our dedicated line at (781) 272-8476.

Please send in your registration as early as possible as spaces are very limited due to the nature of this workshop.

The cancellation deadline is two weeks prior to the course date. A \$65 fee will be deducted from all refunds prior to the deadline. **There will be no refunds after the deadline.**

Educational Credit

This course meets the requirements for 13 hours of continuing education for PTs, OTs, Assistants, and ATCs and is approved by:

- National Board for Certification in Occupational Therapy (NBCOT)
- Board of Certification (Provider #P883)



In addition, this course has been submitted to the following states for PT approval:

- FL, MD, NJ, NY, SC

Workshop Attire

Participants should wear comfortable clothing and sneakers to fully participate in the labs. As it is often difficult to regulate the temperature in seminar rooms, sweatsuits or sweaters are recommended.