

The Aging Hip Registration Form

Name _____

Title: PT PTA OTR COTA ATC

Home Address _____

City _____

State _____ Zip _____

Professional License Number (include State):

Home Phone () _____

Knight Discount Code: K- _____

Please check course location and date:

- Manchester, NH August 14-15, 2008
 Framingham, MA October 17-18, 2008
 Saratoga Springs, NY November 7-8, 2008

- \$345 Early Bid
 \$375 Late (within 2 weeks of course date)

- Mail confirmation letter to above address OR
 Fax confirmation letter to:

_____ (please print fax # clearly)

\$_____ check enclosed or charge to

MC Visa Discover Exp. Date ____/____

Signature _____

Mail form and check (made payable to
QUEST) to:

Trudy S. Goldstein, PT
25 Mountain Rd.
Burlington MA 01803-4739



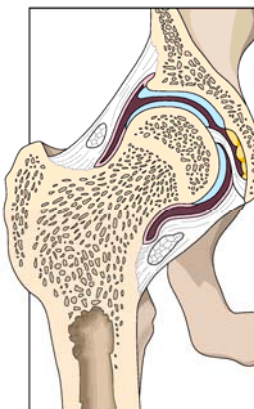
QUEST

Quality Educational
Seminars for Therapists

presents

The Aging Hip

Speaker:
Trudy Sandler Goldstein, PT



Three locations in 2008:

Manchester, NH — Aug. 14-15
Framingham, MA — Oct. 17-18
Saratoga Springs, NY — Nov. 7-8



Course Information

This 2-day seminar will discuss the evaluation and rehabilitation of adult and geriatric patients who have dysfunctions of the hip. Emphasis will be placed on the current crisis in the rehabilitation of patients with hip fracture. Practical treatment strategies will be recommended for patients with hip fracture, arthritis, postural & movement dysfunctions, and THA, including the new mini-invasive procedures. An update on osteoporosis is included.

At the conclusion of this course, participants will be able to:

- ◆ Demonstrate how postural alignment and muscle length affect hip motion.
- ◆ Discuss bone metabolism and osteoporosis.
- ◆ Discuss the relationship of total hip precautions to surgical approach.
- ◆ Identify various internal fixations for hip fracture.
- ◆ Discuss rehab implications of new surgical procedures.
- ◆ Design rehab programs to restore function in patients w/ hip fx and other hip disorders.

Course Faculty

Trudy Sandler Goldstein, PT

Ms. Goldstein is the founder and director of QUEST. Nationally, she has presented many orthopaedic lectures to PTs, OTs, Assistants, ATCs, and nurses. She received dual bachelor degrees in Physical Therapy and Biology from the University of Connecticut in 1978. She is a Third Degree Black Belt Instructor in the martial arts and teaches Tai Chi to patients and well-elders in the Boston area. She has authored two best selling texts: *Geriatric Orthopaedics, 2nd ed.* and *Functional Rehabilitation in Orthopaedics*. Ms. Goldstein has over 29 years of clinical and supervisory experience in rehab, home care, and outpatient physical therapy and is practicing part-time in Lexington, MA.

Course Schedule

Day 1

- 8:00 *Registration and Continental Breakfast*
8:30 **Anatomy & Biomechanics of the Hip**
9:45 *Break*
10:00 **Evaluation of the Hip**
10:30 **Rehabilitation Considerations**
11:15 **Osteoarthritis of the Hip**
12:00 *Lunch*
1:00 **Postural and Movement Dysfunctions**
 - case studies and lab
2:00 *Break*
2:15 **Total Hip Arthroplasty**
 - standard and mini-invasive surgery
 - THPs and rehab
4:00 *Adjourn for day*

Day 2

- 8:00 *Sign-in and Continental Breakfast*
8:30 **Understanding Osteoporosis**
 - Type I and Type II osteoporosis
 - steroid-induced osteoporosis
 - treatment
9:45 *Break*
10:00 **The Crisis of Hip Fracture**
10:15 **Surgical Interventions**
 - internal fixations including mini-invasive
 - prostheses
 - revisions
11:00 **Outcome Studies**
11:15 *Break*
11:30 **Therapeutic Interventions for Hip Fx**
 - identifying major impairments
 - treatment progressions
 - new aggressive programs
1:15 *Adjourn*

QUEST Information

www.questseminars.com

E-mail: tsgoldstein@erols.com

Telephone: (781) 273-4978

Fax: (781) 272-8476



Course Locations

Contact the hotel directly and mention QUEST Seminars to register in the QUEST room block.

Aug. 14-15, 2008 • Thursday – Friday
Highlander Inn
2 Highlander Way
Manchester, NH 03103
(800) 548-9248

- Discounted rate: \$99/night (plus tax)
- Hotel cut-off date: July 13th
- Free parking
- Located at airport

Oct. 17-18, 2008 • Friday – Saturday
MetroWest Medical Center
MacPherson Hall—Medical Arts Bldg.
85 Lincoln Street
Framingham, MA 01701

- Five area hotels within 5 minutes (call QUEST)
- Conveniently located to Rtes. 9 and 128
- Free parking

Contact the hotel directly and mention QUEST Seminars to register in the QUEST room block.

November 7-8, 2008 • Friday – Saturday
Courtyard Marriott
11 Excelsior Ave.
Saratoga Springs, NY 12866
(518) 226-0538

- Discounted rate: \$119/night (plus tax)
- Hotel cut-off date: October 7th
- Free parking
- 1 mile to downtown

Registration Information

The \$345 registration fee includes breakfast, breaks, and course handouts. A confirmation letter including directions will be sent to you upon receipt of your registration form and payment. Do not buy any airline tickets until you have received your course confirmation from QUEST.

To receive the \$345 early bird rate, your registration must be received at QUEST no later than two weeks before the course date. Late registrations will be accepted based on space availability, for an additional \$30 fee. Registrations with credit card (MC, VISA or Discover) payment may be faxed to our dedicated line at (781) 272-8476.

The cancellation deadline is two weeks prior to the course date. A \$65 fee will be deducted from all refunds prior to the deadline. **There will be no refunds after the deadline.**



Educational Credit

This course meets the requirements for 10 hours of continuing education for PTs, OTs, Assistants, and ATCs and is approved by:

- NYSCEPT
- Maryland Board of PT Practice
- NJ Board of PT Examiners (submitted)
- National Board for Certification in Occupational Therapy (NBCOT)
- NATA Board of Certification (Provider #P883)



Workshop Attire

Participants should wear comfortable clothing. As it is often difficult to regulate the temperature in seminar rooms, sweatsuits or sweaters are recommended.